

# East Ardsley Primary Academy Newsletter

17/3/2023

Menu No. 2



**Attendance:** Congratulations to Class 7 who have 100% attendance this week - you were our attendance stars.

## What we have been up to this week:

This week has seen the children experiencing lots of new and interesting learning. Year 1 went on their trip to Eureka as part of their topic on Bodies. The staff who ran the workshop for them at the museum was very impressed with the knowledge the children had and the quality of the questions they asked. Thank you to all the staff, parents and volunteers who came along to make it possible and to the Year 1 Team for planning and organising it.

On Tuesday we had part two of our Judo taster sessions and the children who did not get to have a go last time were all included and all had a fabulous time learning some basic moves. Those who already do judo, were able to share what they know with the others. Our thanks to Mrs Fletcher who is always on the look-out for new sports to share with our children.

The children have all done an amazing job on their Mother's Day Gifts; they have all worked independently which I'm sure you will appreciate. Some year groups have had more help than others with their gift wrapping, and label writing. They are a real treat and the children have put lots of effort into them.

We still have lots more fun activities to cram in before the Easter break. The children in Year 4 and 5 are working really hard on their concert; learning words, practising the songs, learning when to come on and go off stage and preparing to impress you all as always with their talent.

We also have our next Celebration Assembly, this time for Year 3, so that parents can come in and find out what the children have been learning and see all their work in their books. The Year 1 and 2 Assemblies that we have had so far have been a real success and offer a great opportunity to come in and find out what your children have been doing in school.

We have a real musical flavour to the end of this term with the Year 4/5 concert, the next Rock Steady Concert and a Concert by the children who are learning individual instruments in school.

Straight after the Easter break we have our next set of Parents Evenings. We are continuing to offer face to face or virtual meetings to try and accommodate as many parents and carers as possible. We will adjust the timings as best as we can to accommodate everyone's preference but the starting point is Tuesday for face to face and Thursday for virtual meetings.

**Ms Talbot**

## Dates for your Diary:

20.3.23	Rock Steady Concert 2.30pm
23.3.23	Year 3 Celebration Assembly
27.3.23	Music Assembly 2.30pm
29.3.23	Year 4/5 Concert
30.3.23	Year 4/5 Concert
31.3.23	Year 4/5 Concert
31.3.23	School closes
17.4.23	School opens
18.4.23	Parents Evening (face to face)
20.4.23	Parents Evening (virtual)
1.5.23	School closed
2.5.23	Governing Board Meeting
4.5.23	Year 4 Celebration Assembly
8.5.23	School closed
9.5.23	Key Stage 2 SATs week
23.5.23	PTFA KS1 Event (tba)
23.5.23	PTFA KS2 Event (tba)
25.5.23	Year 2 Trip
26.5.23	School closes
5.6.23	School opens
8.6.23	Year 5 Celebration Assembly
12.6.23	PTFA Fathers Day Craft Shop
12.6.23	Year 1 Phonics Screening
12.6.23	Assessment Week
21.6.23	Upper Key Stage 2 Sports Day
27.6.23	Key Stage 1 Sports Day
28.6.23	Lower Key Stage 2 Sports Day
29.6.23	Year 6 Celebration Assembly
3.7.23	Rock Steady Concert 2.30pm
6.7.23	Year 6 Leavers Party
7.7.23	Year 6 Leavers Assembly
7.7.23	Reports to Parents
10.7.23	Year 3 Camp Over
11.7.23	Governing Board Meeting
13.7.23	FS Celebration Assembly

A free online safety guide on conversation starters for parents and carers: online content.

Trying to start a conversation about online safety with children can be a daunting task. There are many reasons why children may not want to talk to adults about it. One might be that they don't think you'll understand or that you won't know how to help if they came to you with an online problem. It can also be hard to start a conversation about something that you might have limited knowledge about. However, with screen time increasing during the lockdown, it's important now more than ever, to be talking to children about what they are accessing online.

In the guide, you'll find tips such as cultivating a blame-free culture, asking them to be the teacher and ask about the risks.





**National  
Online  
Safety®**  
#WakeUpWednesday



# Conversation starters for parents and carers: ONLINE CONTENT



Trying to start a conversation about online safety with children can be a daunting task. There are many reasons why children may not want to talk to adults about it. One might be that they don't think you'll understand or that you won't know how to help if they came to you with an online problem. It can also be hard to start a conversation about something that you might have limited knowledge about. However, with screen time increasing during the lockdown, it's important now more than ever, to be talking to children about what they are accessing online.

## 1 ASK THEIR MOTIVATION

Sometimes it's easy to assume we know why children choose certain games or apps. It can seem obvious, like the child interested in football will be enthusiastic about the new FIFA game. But sometimes it can be more subtle than that. It could be that it's an outlet for their creativity or it might be that they like the look of the main character. Learning their motivation and knowing why they like it can help advising them on how to use it safely and help you discuss the pros and cons.



## 6 MAKE TIME TO LISTEN

When your child can't wait to tell you about their new game, always try and listen to what they say. We always have a lot on our minds, so it's easy for us to drift off onto other things which may be more important. However try to stay involved and ask them more details about aspects of the game/app. Children will appreciate your interest and the more questions you ask, the more you can find out. If you act uninterested, then they are less likely to tell you about it again in the future.



## 2 CULTIVATE A BLAME FREE CULTURE

Children can often blame themselves if they come across something that scares them or makes them feel uncomfortable. There will be times when your child has gone against something that you have forbidden, however, most children do not intend to put themselves at risk. Therefore, it's important that your child is able to come to you with a problem and won't be blamed for it. Try to understand what happened and why and warn them of the dangers once more. Engaging in a 'told you so' dialogue or suggesting they are in trouble for not listening may deter them from reporting any future concerns.



## 7 ASK THEM TO BE THE TEACHER

Showing an interest in what children are accessing online is a great opportunity for you to learn something new as well. Children on the whole love sharing their experiences so by asking them to teach you how to use an app or play a game is not only a great way to bond, but you will also feel more empowered to talk about it. It is easy to shy away from conversations when the child perhaps knows more about the subject content than you do. This can help to turn this around.



## 3 SHARE PERSONAL EXPERIENCE

Starting a conversation by sharing something that you've seen or that has made you feel uncomfortable can be a great opener. Talking about your own feelings can help children realise that it isn't just them – adults can be affected too. You can then go into how you coped with it therefore indirectly giving children advice on how they can also cope in uncomfortable situations. You can also explain that the reason that you've chosen to talk to them about it is because talking helps. Children will hopefully be able to see the parallels in the experiences and mimic your behaviour in future.



## 8 USE SCHOOL MESSAGING

It might be that your child's school has sent out a message about the Childline number or to remind children to use the CEOP button to report content. Ask the children what they learned about these at school. When would they use the Childline number? When would they need to use the CEOP button? What does it look like? Asking the children why the school thought that the information was so important that they sent out a message about it reinforces what they learnt whilst at school.



## 4 TALK ABOUT THE NEWS

Asking children what their response is to news stories around online safety can be revealing. For example, there has been a recent survey conducted by the BBFC who are currently campaigning for the application of age ratings and content warnings on video sharing platforms. What do they think about this? Can they think of a time when this would have helped themselves or someone they know? Are they against the idea? If so, why? Could they be accessing something they shouldn't be?



## 9 ASK ABOUT THE RISKS

Many children may know what online risks are and will happily explain the potential dangers. Listen and try not to be overly shocked if they tell you something that disturbs you. This can then lead nicely into you asking the question about what steps they are taking to look after themselves or what help they could seek if something goes wrong. Sometimes it's just nice to know that your children know the dangers and have taken steps to help reduce the risk for themselves – this is the ultimate goal.



## 5 ASK FOR ADVICE

It could be that you really do have a friend at work who is debating whether or not to let their child do something online, or it could be that you're bending the truth slightly, but hopefully the outcome would be the same. Don't be afraid to ask others for advice. Not only will they should let the child use it, but also what would they tell the child to be aware of. What are the risks? This will help you understand the risks yourself and what to look out for in future.



## 10 ASK ABOUT RESPONSIBILITIES

Try asking open ended questions about roles and responsibilities online. Who is in control of the internet? Who is looking after you whilst you are online? Who decides what is appropriate for children to see? This can reveal a lot about a child's perception about who is responsible for their online safety. If they believe that it is up to everyone else to keep them safe, then you know you need to have a conversation about how they can reduce their own risk.



## 11 ASK ABOUT SCHOOL ADVICE

Sometimes it's hard to know what to warn children about. If there is a new app or game that your child has come across recently, ask them what they think their teacher would say about it. What advice would school give them? What have they been told about trusting people online or about fake news? Finding this out would be a good way to hear what advice they were given at school and help you reiterate the same message. Quick reminders about what to do if something makes them feel uncomfortable or who their trusted adults are can make all the difference.



## Meet our expert

Heather Cardwell is a practising Online Safety Lead and senior school leader who is passionate about safeguarding children online and educating them around online risks. She has over 10+ years as a Computing Lead and has successfully developed and implemented a whole school approach to online safety in schools, delivering online safety training to both school staff and parents and helping to roll-out a bespoke online safety policy across her local network of education settings.





# Invitation

Today, your child took part in a Judo taster session where they were given the opportunity to experience what it's like to be a **real ninja**. Because they enjoyed the session very much, we'd like to offer them a **FREE introductory session** to explore how their **martial arts journey** will look like once they decide to join us (they are welcome to bring a friend or sibling).



To find out more and book the session for them, please visit our website, scanning the below QR code



Learn more and book your trial

[www.hajimejudoclub.com/kids](http://www.hajimejudoclub.com/kids)  
[www.facebook.com/hajimejudoclub](https://www.facebook.com/hajimejudoclub)  
We hope to see you again very soon!

*Balazs and the Team at Hajime Judo Club*



**TUESDAY :** *Leeds, Horsforth, Grove Methodist, LS18 4RJ*

**WEDNESDAY:** *Selby, Portholme Church, YO8 4QH*

**THURSDAY:** *Skipton, Sandylands Sport Centre, BD23 2AZ*

**SATURDAY:** *Leeds, Middleton, St John & St Barnabas Church, LS10 3DN*

HAJIME  
JUDO CLUB





# LEEDS FOOTBALL DEVELOPMENT EASTER FUN CAMP

AT COCKBURN HIGH SCHOOL (COLLEGE OF ARTS) PARKSIDE, GIPSY LANE, LS11 5TT

**TUESDAY 11TH - WEDNESDAY 12TH APRIL 2023**

**10am - 3pm for boys and girls aged 4-13**

We are pleased to announce our annual Easter camp is going to be running again this year on **Tuesday 11th April**.

The camp is for 2 days from 10am - 3pm. You are welcome to drop your child off from 9.30am. Lunch will be 12.15pm - 1.00pm, children must bring their own packed lunch and plenty of drinks.

The camp is held on a grass pitches with access to the sports hall.

On Wednesday at 2.15pm we hold a presentation, where **EACH CHILD WILL RECEIVE A TROPHY** as well as many opportunities to win extra trophies, including this years FA Cup Tournaments, penalty shootout competitions, GOALKEEPING awards and PLAYER OF THE CAMP awards.

The camp is run by FA Qualified coaches, who are DBS checked and are currently working with children in schools daily, enabling them to learn essential football techniques, building **CONFIDENCE**, improving **FITNESS** and providing the most important ingredient of all - **"FUN"**!

The cost of the 2 day course is £40 per child and £20 for siblings (half price) £20 per day for players just attending individual days.

There will be consent forms to complete on arrival and payment should be made on the first morning of the camp.

*Adam Clayton (Course Co-ordinator)*



To book a place please text: 'Leeds Easter' + 'Childs Name' + 'Age'.  
And receive confirmation by text to:



**07837 653201**



## LEEDS FOOTBALL DEVELOPMENT

AT COCKBURN HIGH SCHOOL (COLLEGE OF ARTS) PARKSIDE, GIPSY LANE, LS11 5TT

**Starting Wednesday 26th April 2023**

Follow us on   @acsports\_footballdevelopment

<b>Group 1</b>	<b>5.30pm – 6.30pm</b>	<b>Ages 4-6</b>
<b>Group 2</b>	<b>6.30pm – 7.30pm</b>	<b>Ages 7-8</b>
<b>Group 3</b>	<b>7.30pm – 8.30pm</b>	<b>Ages 9-12</b>

These groups are a guideline and parents may select groups according to ability, size, brothers/sisters etc...

Dear Parents,

I am delighted to inform you that following the success of last terms course we are expanding the football coaching programme for the season. The new course will start on **Wednesday 26th April** and run on a weekly basis for the duration of the school term (10-14 weeks).

All of our courses are run by **F.A. Qualified** and **DBS (CRB) Police Checked** coaches. The course is open to both **Boys and Girls** aged between 4 and 12. All abilities are catered for with total beginners introduced through **FUN** and confidence building practices. The course is tightly structured to ensure all aspects of football skills are developed.

At the end of the course **every child** will receive an engraved merit **Trophy** and course **Certificate**, with chances to win extra trophies including Penalty Shoot out, American Shoot out and Champions League Competitions.

The cost of the course is £28 for 4 weeks (£7.00 per week), which covers the costs of all coaching, trophies and certificates. Payment is made every 4 weeks with the first payment due on week 1. Parents are welcome to stay and watch however the club is fully supervised so children may be left in our care. We have full use of the **FANTASTIC FACILITIES** including a **large Indoor sports hall** so trainers may be worn as the sessions will be held **INDOORS**.



**TO BOOK A PLACE ON TO THE COURSE PLEASE TEXT COCKBURN + CHILD'S NAME & AGE + GROUP NUMBER ( 1 or 2 or 3) and receive confirmation by text to**

**07837 653201**

*Adam Clayton (Course Co-ordinator)*



## **SEND PARENTS COFFEE AND CHAT**

**WHERE:** The Bungalow- just before Woodkirk Academy school gates

**WHEN:** THE 2nd Thursday every month- Thursday 12<sup>th</sup> January, (Thursday 9th February, Thursday 9th March)

**TIME:** 9.30AM-11.00AM

ARE YOU.....

A Parent/Carer of a child with SEND needs

Come and have a coffee and a chat with people in similar situations, share experiences, gain advice and meet new people.

### **REFRESHMENTS PROVIDED**

This group has been set up as an unofficial support group for Parents and Carers of children with SEND needs. This can be a rewarding but stressful and isolating time for parents. This group has been set up to offer a social, supportive and relaxed setting for meaningful discussions about anything at all. We will make attempts to bring external agencies in who would be relevant for the group where we can. This is a great place to meet people in a similar situation.

This is open to any Parents/Carers of children in the LEODIS Academies Trust.

For further information please contact:

Victoria or Nikki @ Leodis Support Service 0113 8873609 / 8873618



## COFFEE AND CHAT



**WHERE: The Bungalow - just before Woodkirk Academy school gates**

**WHEN: THE FIRST Thursday every month- Thursday 5<sup>th</sup> January, (Thursday 2<sup>nd</sup> February, Thursday 2<sup>nd</sup> March)**

**TIME: 9.30AM-11.00AM**

ARE YOU.....

A FOSTER CARER  
ADOPTIVE PARENT  
SPECIAL GUARDIANSHIP  
KINSHIP CARE  
GRANDPARENTS OR RELATIVES CARING FOR CHILDREN

Come and have a coffee and a chat with people in similar situations, share experiences, gain advice and meet new people.

### REFRESHMENTS PROVIDED

This group has been set up as an unofficial support group for Parents and Carers of Adopted / Looked After / Kinship or Special Guardianship children. This can be a rewarding but stressful role in a child's life. This group has been set up to offer a social, supportive and relaxed setting for meaningful discussions about anything at all. This is a great place to meet people in a similar situation.

This is open to any Parents/Carers of children in the LEODIS Academies Trust.

For further information please contact:

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