

East Ardsley Primary Academy Newsletter

09/07/2021

Menu Week no:



What we have been up to this week:-

As we move to the end of term, and the close of another academic year, we are grateful that we have not had the COVID disruption we are currently experiencing throughout the year. It is painful to have to send so many children home for so few cases, but we are getting increasing numbers of families with more than one positive case, and the numbers in the local area are very high so it seems prudent to do what we are advised.

Next week is the final week for the children in their current classes. From Monday 19th July 2021 the children will all be in their new classes with their new teachers. We always close the year with a Growth Mindset week to ensure we give plenty of time to the children, preparing them for the transition into the next year group. The last week of term is then our Transition Week when the children move up to their new classes so that they do not have to spend time over the summer worrying about which door they should come in, or where they need to put their book bags. We feel it really works and this year, more than any, the children need lots of additional support in settling in to the new class routines; making sure that they are happy and confident.

From the 19th July 2021 there are some changes to the national guidelines with regard to COVID restrictions. However Leeds have asked that we continue with the current risk assessments and guidance until the end of term. We have, therefore, had to rethink our Year 6 Leavers Celebrations but we are certain that we will make sure our Year 6 have a fabulous end to their time at our school. Details will be shared with parents and carers of children in Year 6 on Tapestry.

In school we will be maintaining all our routines and systems to fit with the COVID guidance, so that the children feel secure and are not subjected to lots of changes in one go. This will include the one way system around school. Please remember if your child comes on a scooter or bike to school that there are lots of pedestrians using the playground too, so they need to be careful and considerate of those around them.

As always at the end of the academic year, there will be some changes. We are sorry to be losing Mrs Wigglesworth at the end of term. We wish her well in whatever she decides to do next; she will be sorely missed as will all her expertise in EYFS. She has asked that we share this message with you:

'I'd just like to let you know that I will be retiring from full time teaching this summer. I will really miss being part of such a talented, supportive and exciting school community. I'd like to thank all the staff, governors and parents for their support and encouragement during the 8 years I've worked here. It's been a pleasure and a privilege to spend time with your children. Thank you, Mrs Wigglesworth.'

We look forward to having all our children back in before the end of term to make the most of the learning opportunities we have planned for them.

Ms Talbot

Dates for your Diary:

Unfortunately we cannot have parents to any of our planned activities prior to the end of term.

I'm sorry our diary looks so empty and forlorn at a time when we are usually bursting with activities. Be assured the children are all having lots of fun learning opportunities in school.

12.7.21	Growth Mindset Week
16.7.21	Reports out
19.7.21	Transition Week
21.7.21	Year 6 Take Over Day
22.7.21	Ace Club Fun Day
22.7.21	Year 6 Leavers Celebrations
23.7.21	Ace Club Fun Day
23.7.21	School closes
6.9.21	Inset Day
7.9.21	School opens to the children

**Remember to wear
your mask on school
grounds and to
socially distance on
the playground.**

Dear parents and pupils

We have recently been sent the attached flyer about an exciting opportunity for pupils aged 9 -14 to attend a summer school in Leeds from 16th-20th August. It is being organised by Leeds Youth Opera and has an environmental theme and will include songs from a range of hit musicals from West Side Story to Matilda. The programme for the week will include singing, games, teamwork and, above all, a huge amount of fun! The summer school is likely to be extremely popular so do get in touch sooner rather than later if you want to secure a place. All the details about costs and venue are in the attached flyer. The contact details are: leedsyouthopera_group@outlook.com

It is based at Adel and Ireland Wood Community Centre and costs £125 (Siblings £100)

We know this will not be of interest to all students but wanted to share the fantastic opportunity with you.

Mrs Trickett

New Menu September 2021

Reception and KS1 children will have received the new menu which will start in September 2021. Could you please complete your child's menu choice and return the form to school as soon as possible.

A free online safety guide on conversation starters for parents and carers: online content.

Trying to start a conversation about online safety with children can be a daunting task. There are many reasons why children may not want to talk to adults about it. One might be that they don't think you'll understand or that you won't know how to help if they came to you with an online problem. It can also be hard to start a conversation about something that you might have limited knowledge about. However, with screen time increasing during the lockdown, it's important now more than ever, to be talking to children about what they are accessing online.

In the guide, you'll find tips such as cultivating a blame-free culture, asking them to be the teacher and ask about the risks.

Helpful telephone numbers- Leeds Anti - Social Behaviour Team: 0113 222 4402

Childline: 0800 11 11 Leeds Domestic Violence 24 hour helpline: 0113 2 460401

Out of hours service for ongoing noise 6.00 pm -3.30 am: 0113 395 0143 NSPCC: 0808 810 800 Leeds Domestic Violence 24 hour helpline: 0113 2460401

Home Start-Support and friendship for families 0113 244 2419 or email office@home-startleeds

LEEDS YOUTH OPERA SUMMER SCHOOL



A youth movement has one year to prove to the adults that environmental sustainability is possible. If they fail, the consequences will be apocalyptic. Join Leeds Youth Opera's summer school for a week of singing, games, teamwork, and fun. Featuring songs from *West Side Story* to *Matilda*, with dialogue by YOU!

Monday 16th - Friday 20th August, Ages 9-16. Cost: £125 (siblings £100)

Venue: Adel and Ireland Wood Community Centre, New Adel Lane, Leeds LS16

Contact: LeedsYouthOpera_Group@Outlook.com

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Conversation starters for parents and carers: ONLINE CONTENT



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It can also be hard to start a conversation about something that you might have limited knowledge about. However, with screen time increasing during the lockdown, it's important now more than ever, to be talking to children about what they are accessing online.

1 ASK THEIR MOTIVATION

Sometimes it's easy to assume we know why children choose certain games or apps. It can seem obvious, like the child interested in football will be enthusiastic about the new FIFA game. But sometimes it can be more subtle than that. It could be that it's an outlet for their creativity or it might be that they like the look of the main character. Learning their motivation and knowing why they like it can help advising them on how to use it safely and help you discuss the pros and cons.



6 MAKE TIME TO LISTEN

When your child can't wait to tell you about their new game, always try and listen to what they say. We always have a lot on our minds, so it's easy for us to drift off onto other things which may be more important. However try to stay involved and ask them more details about aspects of the game/app. Children will appreciate your interest and the more questions you ask, the more you can find out. If you act uninterested, then they are less likely to tell you about it again in the future.



2 CULTIVATE A BLAME FREE CULTURE

Children can often blame themselves if they come across something that scares them or makes them feel uncomfortable. There will be times when your child has gone against something that you have forbidden, however, most children do not intend to put themselves at risk. Therefore, it's important that your child is able to come to you with a problem and won't be blamed for it. Try to understand what happened and warn them of the dangers once more. Engaging in a 'told you so' dialogue or suggesting they are in trouble for not listening may deter them from reporting any future concerns.



7 ASK THEM TO BE THE TEACHER

Showing an interest in what children are accessing online is a great opportunity for you to learn something new as well. Children on the whole love sharing their experiences so by asking them to teach you how to use an app or play a game is not only a great way to bond, but you will also feel more empowered to talk about it. It is easy to shy away from conversations when the child perhaps knows more about the subject content than you do. This can help to turn this around.



3 SHARE PERSONAL EXPERIENCE

Starting a conversation by sharing something that you've seen or that has made you feel uncomfortable can be a great opener. Talking about your own feelings can help children realise that it isn't just them – adults can be affected too. You can then go into how you coped with it therefore indirectly giving children advice on how they can also cope in uncomfortable situations. You can also explain that the reason that you've chosen to talk to them about it is because talking helps. Children will hopefully be able to see the parallels in the experiences and mimic your behaviour in future.



8 USE SCHOOL MESSAGING

It might be that your child's school has sent out a message about the Childline number or to remind children to use the CEOP button to report content. Ask the children what they learned about these at school. When would they use the Childline number? When would they need to use the CEOP button? What does it look like? Asking the children why the school thought that the information was so important that they sent out a message about it reinforces what they learnt whilst at school.



4 TALK ABOUT THE NEWS

Asking children what their response is to news stories around online safety can be revealing. For example, there has been a recent survey conducted by the BBFC who are currently campaigning for the application of age ratings and content warnings on video sharing platforms. What do they think about this? Can they think of a time when this would have helped themselves or someone they know? Are they against the idea? If so, why? Could they be accessing something they shouldn't be?



9 ASK ABOUT THE RISKS

Many children may know what online risks are and will happily explain the potential dangers. Listen and try not to be overly shocked if they tell you something that disturbs you. This can then lead nicely into you asking the question about what steps they are taking to look after themselves or what help they could seek if something goes wrong. Sometimes it's just nice to know that your children know the dangers and have taken steps to help reduce the risk for themselves – this is the ultimate goal.



5 ASK FOR ADVICE

It could be that you really do have a friend at work who is debating whether or not to let their child do something online, or it could be that you're bending the truth slightly, but hopefully the outcome would be the same. Don't be afraid to ask others for advice. Not only why they should let the child use it, but also what would they tell the child to be aware of. What are the risks? This will help you understand the risks yourself and what to look out for in future.



10 ASK ABOUT RESPONSIBILITIES

Try asking open ended questions about roles and responsibilities online. Who is in control of the internet? Who is looking after you whilst you are online? Who decides what is appropriate for children to see? This can reveal a lot about a child's perception about who is responsible for their online safety. If they believe that it is up to everyone else to keep them safe, then you know you need to have a conversation about how they can reduce their own risk.



Meet our expert

Heather Cardwell is a practising Online Safety Lead and senior school leader who is passionate about safeguarding children online and educating them around online risks. She has over 10+ years as a Computing Lead and has successfully developed and implemented a whole school approach to online safety in schools, delivering online safety training to both school staff and parents and helping to roll-out a bespoke online safety policy across her local network of education settings.



11 ASK ABOUT SCHOOL ADVICE

Sometimes it's hard to know what to warn children about. If there is a new app or game that your child has come across recently, ask them what they think their teacher would say about it. What advice would school give them? What have they been told about trusting people online or about fake news? Finding this out would be a good way to hear what advice they were given at school and help you reiterate the same message. Quick reminders about what to do if something makes them feel uncomfortable or who their trusted adults are can make all the difference.



Testing Summary

Around one in three people with COVID-19 have no symptoms and will spread it without realising. Regular rapid testing (using Lateral Flow Tests) can help find cases of COVID-19 and stop the spread of the virus. There are a number of options in Leeds for residents to access testing.

Where to access rapid asymptomatic testing:

[Order a test kit to your home.](#)

Use the link here to order: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

[Collect a home test kit from a](#) local pharmacy.

Find your nearest pharmacy here: <https://maps.test-and-trace.nhs.uk/>

Test on-site at Leeds Beckett University test centres:

City Campus, LS1 3HE (Monday to Friday 8.30am to 2pm)

Headingley Campus, LS6 3QS (Monday to Friday 9am to 2pm)

[Collect a home test kit at a local PCR test site after 2.30pm:](#)

Mandela Community Centre, Chapeltown Road, Chapeltown LS7 3HY

Temple Green, drive-through centre near junction 45 of the M1

Bridge Community Church, Rider Street, Burmantofts LS9 7BQ

Gryphon Sports Centre, University of Leeds, Woodsley Rd, Leeds LS2 9LZ

Pudsey Civic Hall Car Park, Dawsons Corner, Stanningley, Pudsey LS28 5TA

Fearnville Leisure Centre Car Park, Oakwood Lane, Gipton, LS8 3LF

[Collect a home test kit at a](#) local Community Hub:

Armley Community Hub & Library, 2 Stocks Hill, Armley, LS12 1UQ

City Centre Community Hub, Woodhouse Lane, LS2 8LX

Deacon House Centre, Seacroft Avenue, Leeds, LS14 6JD

Dewsbury Road Community Hub & Library, 190 Dewsbury Road, LS11 6PF

Halton Library, 273 Selby Road, LS15 7JR

The Compton Centre Community Hub & Library, Harehills Lane, Harehills, LS9 7BG

The Reginald Centre, Chapeltown Road, Leeds, LS7 3EX.

Opening hours 10am to 4pm Monday to Friday, and 10am to 1pm on Saturdays (except City Centre Community Hub which doesn't open Saturdays).

Key messages:

Rapid community testing is only for people with **no symptoms**.

If you have symptoms of coronavirus, including:

A high temperature

Continuous cough

Loss of / change in taste or smell

You will need to book a different test, called a PCR test, at nhs.uk/coronavirus or by calling 119.

You should take two rapid asymptomatic tests during a week-long period.

If you do take tests at home, you'll need to report your results online or on the phone.

If you test positive, you, and everyone you live with, must self-isolate immediately for 10 days. Only leave home for your follow-up test. You should arrange your confirmatory PCR test immediately by booking online at nhs.uk/coronavirus or by ringing 119.

If you test negative, you should continue to follow the preventative measures currently recommended for stopping the spread of the virus. To protect yourself and others, you must remember: **Hands. Face. Space. Fresh Air.**

For more information:

Please see the Leeds CCG website for local information about testing <https://www.leedsccg.nhs.uk/health/coronavirus/coronavirus-where-to-go-for-testing/>

Please visit the gov.uk website to order a home test kit or to find your nearest local pharmacy collection point

<https://www.gov.uk/find-covid-19-lateral-flow-test-site>.